

# Sermon Notes

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## Protection & Prevention in the Battle for our Minds

Philippians 4:6-8

Christian Sanich, 7/24/2016

Text sermon questions, during the sermon, to (602) 824-8030

### 4:6-7 Be anxious about nothing, pray about everything

Pray - talk to God instead of just talking in your mind

Supplication - let God know your needs

With thanksgiving

Pray every time a thought of concern rises up

The result: protection in the form of powerful peace

### 4:8 What's good, *and what's bad*, to keep on your mind

Prevent the bad by the pondering the good

True, instead of *false*

Dignified, instead of *depraved*

Right/righteous, instead of *not right* according to God

Pure, instead of *dirty or wicked*

Toward brotherly love, instead of things like *anger & bitterness*

Good report, instead of *bad reports through gossip & rumors*

Excellent (pleasing to God) & praise worthy (by God)

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**What is your response to this? Discuss it with someone today.**

Suggested memorization: some or all of Philippians 4:6-8

## **Protection & Prevention in the Battle for our Minds**

(Briefly share or just answer in your mind) Do you care if God is worshipped by how you think?

(Briefly) Do you believe that God's ways, as presented in this passage, are better for you than the alternatives, maybe better than your current way of thinking?

What do you usually do when concerns come into your mind?

Do you talk them over and over in your mind? Do you talk to someone else?

Do you worry?

Is at least part of your regular reaction/practice to pray about those things?

**(It would be ideal to have everyone answer this.)**

Do you want it to be and why? How do you think you can move toward that?

Do you need to be convinced of something, or need a self-reminder, etc.?

Does anyone have a testimony of the peace of God coming over you as a result of praying over some concern?

**(Make sure so make it to this series of question, and have everyone answer, at least briefly.)**

What kinds of thoughts do you think you generally ponder throughout the days, ones about things that come from the world, or ones about things that come from God?

From the list of things in Philippians that we should keep on our minds/ponder, and the bad counterparts given in the sermon, what areas do you think you need the most work on?

(a list is on the next page if you need it)

What specifically do you think you need/want to do?

(For example: want to learn more of God's truth, want to be in the Bible daily, want to be more discerning in the media I take in, want to think the good about people instead of listening to and pondering gossip/bad reports about people, want to think loving things about people instead of bad/anger/bitterness.)

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